



# PONY EXPRESS

## Character Leadership Attitude Scholarship Service

Principal Mrs. Celeste Scallion

**WEEK AT GLANCE:**

October 16:  
A Day  
Spirit Day - Rubble and Paw Patrol

October 17:  
B Day  
Spirit Day - Dora the Explorer

October 18:  
A Day  
Late Start  
Spirit Day - Blue's Clues  
Opening Night Drama  
"These Shining Lives"

October 19:  
B Day  
**No Office Hours**  
Great Shakeout  
Blood Drive  
Spirit Day - iCarly  
A Class Act Drama  
Production  
"These Shining Lives"

October 20:  
A Day  
Rally Schedule  
Spirit Day - Nickelodeon  
A Class Act Drama  
Production  
"These Shining Lives"

**UPCOMING EVENTS:**

October 21:  
A Class Act Drama Production  
"These Shining Lives"

October 23: 9th and 10th  
Parent Night

**MESSAGE FROM THE PRINCIPAL**

Greetings Bronco Families!

Thank you for your continued support of our Broncos, as they make strides toward their educational goals! Last week was our first Bronctorial of the year with almost 200 students in attendance. We encourage our students to access daily supports and advocate for their success.

As a reminder, and in efforts to maintain a safe and orderly campus, deliveries are not permitted to students during the school day. This includes homework, Door Dash, water bottles, PE clothes, uniforms, etc.

Our district continues to offer free breakfast and lunch to all students. Please remind your student to access these offerings, should they need a meal during the school day.

We are gearing up for a very busy week. Next week is our Great Shakeout Evacuation Drill, Blood Drive, and Pep Rally. In addition, each day will represent our rally theme with a reference to Nickelodeon.

Our Broncos continue to put the "S" in Service by kicking off our Annual Food Drive on October 23rd. All canned foods collected will benefit our local food bank.

We appreciate your contribution to our community through this effort.

As always, we wish you a wonderful weekend and look forward to seeing all of our Broncos next week.

Kind regards,

Mrs. Scallion

BNN: [October 9](#) [October 10](#) [October 12](#) [October 13](#)

*America's Most*  
SPIRITED HIGH SCHOOL  
★ ★ ★ ★ ★

**Assistant Principals**

Brianna Burow  
Lloyd Dunn  
Shane Sands

Rosa Velardez  
Tammy Waddleton

**Assistant Principal Athletics**

Carl Galloway

**Activities Director**

Shannon Kush

**Useful Links:**[VMHS Website](#)

# UPCOMING

## A/B CALENDAR

A/B Schedule for October 16-20:

16	17	18	19	20
A	B	A	B	A
		LS		R

Wednesday, Oct 18th, is Late Start, "A" Day.  
School hours are 9:30am - 3:30pm.



# Spirit Week

Monday



Tuesday



Wednesday



Thursday



Friday

## PTSA REFLECTIONS

Don't forget

Deadline for entires :  
October 15, 2023

VMHS BRONCOS  
Reflections 2023-24



2023-2024  
CALL FOR  
ENTRIES!

I am  
Hopeful  
Because...

Explore the arts and  
express yourself!



Learn more and get involved!  
PTA.org/Reflections

Deadline to submit: October 15, 2023

Any questions contact: [vmhsreflections2022@gmail.com](mailto:vmhsreflections2022@gmail.com)

Scan QR code or click link below to submit

[Click Here:](#)

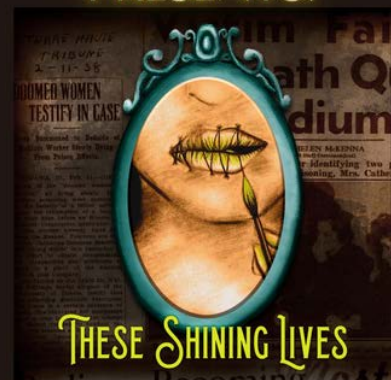
Please remember to review the Reflections rules by category  
<https://capta.org/resource/participant-forms/>



Vista Murrieta High School Drama:

A C. L. A. S. S. Act

PRESENTS:



Show dates: October 18th-21st

by: Melanie Marnich

Showtimes: 7:00 PM

Tickets: \$8 General Admission

\$6 Students with ASB

VMHS Performing Arts Center

28251 Clinton Keith Road



# COUNSELORS

## VISTA MURRIETA HIGH SCHOOL Counseling Team



Mrs. Osorio  
AVID & A - Ban  
East Hall



Mrs. Padilla  
EL & Bar - Cha  
East Hall



Mr. Tyler  
Che - Ge  
West Hall



Mr. Peterson  
Gi - La  
West Hall



Mrs. Candaele  
Le - O  
West Hall



Ms. Valenzuela  
P - Se  
East Hall



Ms. Hill  
Sh - Z  
East Hall



Mrs. Burow  
Assistant Principal  
East Hall



Mr. Bennett  
School Psychologist  
Grades 10-11 / W115



Mrs. Mendoza-Blid  
School Psychologist  
Grades 9, 12 / W115



Mrs. Talarzyk  
School Social Worker  
West Hall



Mrs. Gonzalez  
School Social Worker  
West Hall

## TUTORING SCHEDULE

Need help with homework?

CLICK HERE

## ADMINISTRATIVE TEAM

Questions about your student's progress?  
Please reach out to our Administrative Team.

12th Grade, History & World Language

Mrs. Brianna Burow • ext 6780 • bburow@murrieta.k12.ca.us

11th Grade, Math & Science

Mrs. Tamara Waddleton • ext 6688 • twaddleton@murrieta.k12.ca.us

10th Grade, VAPA, CTE, ICT, & JROTC

Mr. Shane Sands • ext 6763 • ssands@murrieta.k12.ca.us

9th Grade & Campus Security

Mr. Lloyd Dunn • ext 6788 • ldunn@murrieta.k12.ca.us

English, Special Education & EL

Mrs. Rosa Velardez • ext 6686 • rvelardez@murrieta.k12.ca.us

Athletics, PE & Health

Mr. Carl Galloway • ext 6782 • cgalloway@murrieta.k12.ca.us

Mrs. Celeste Scallion, Principal  
ext 6798 • cscallion@murrieta.k12.ca.us

Mrs. Desiree Zadrozny, Site Secretary  
ext 6798 • dzadrozny@murrieta.k12.ca.us

VMHS

OPEN TO SOPHOMORES and JUNIORS

## TAKE THE PSAT/NMSQT

SIGN-UP NOW OPEN!

Starting the 2023 School Year  
The PSAT is DIGITAL

Sign-up for ONE date option:  
Wednesday, October 18th  
or Wednesday, October 25th  
Time: 8am-12pm  
Location: VMHS  
Cost: \$25

Register to take the PSAT  
at [bit.ly/vmhspsat](http://bit.ly/vmhspsat) by Oct. 13.  
Space is limited

WAVES AVAILABLE FOR THOSE WHO QUALIFY  
TEST IS NON-REFUNDABLE

SCAN ME!

### WHY TAKE THE PSAT?

PSAT helps students determine what they need to work on most so that you're ready for college when you graduate from high school. It also tests the same skills and knowledge as the SAT. The PSAT also identifies AP courses that you have a good chance of passing with a 3 or higher on an AP exam.



## BRONCO CLASS OF 2024



NEED HELP WITH  
COLLEGE APPS?  
COLLEGE APPLICATION  
ASSISTANCE AVAILABLE  
FROM 11AM - 2PM

October:

6, 17, 20, 24, 27

November:

3, 7, 14, 17, 30

LOCATION:  
LIBRARY  
COMPUTER LAB



ACCESS CODE:  
BRONCOS!!  
SCAN OR CODE TO  
SCHEDULE YOUR  
APPOINTMENT  
TODAY!!

## FRESHMAN AND SOPHOMORE PARENT NIGHT

10.23.23

5:30-7:00

MEET YOUR COUNSELOR AND ADMIN

9TH & 10TH GRADE FOCUS

VMHS GRADUATION REQUIREMENTS

A-G REQUIREMENTS (CSU/UC)

PYRAMID TO ACADEMIC SUCCESS (TUTORING)

CAREER TECHNICAL EDUCATION

NCAA

SOCIAL EMOTIONAL SUPPORT

COLLEGE AND CAREER RESOURCES

SCHOOL ACTIVITIES AND CLUB

INFORMATION



WITH A PERFORMANCE BY  
OHANA AND INTERACTIONS  
WITH CLUBS SUCH AS  
INCLUSIVE PEER  
MENTORING

AP EXAM  
REGISTRATION



CHARACTER. LEADERSHIP. ATTITUDE. SCHOLARSHIP. SERVICE.

# COLLEGE & CAREER CENTER

- Career Development (resume, interview skills)
- Scholarship Opportunities
- Community Service
- Work Permits
- MSJC Matriculation
- Military information and assistance
- ASVAB
- College search and application process
- Financial Aid application through FAFSA
- College Visits
- SAT / ACT Waivers



**MSJC** | Career Education  
Mt. San Jacinto College

*Let's Celebrate*  
**APPRENTICESHIP**  
**WEEK** | NOV. 13 - 17

Join us to connect and discover the fascinating benefits of apprenticeships and work-based learning opportunities

**NOV. 13**  
Construction Trades Fair @MVC

**NOV. 14**  
Recruitment Fair  
Tesla & Pepsi @MVC

**NOV. 15**  
Apprenticeship Summit @TVC

**NOV. 16**  
Meet & Greet Team AWBL @MVC

**NOV. 17**  
Automotive Apprenticeship  
Open House @ SJC

**UPCOMING EVENTS**

**REGISTER NOW!**

For more information, contact awbl@msjc.edu



## UPCOMING COLLEGE PRESENTATIONS

*Click links below to sign up*

Monday, October 16th,  
Montana State University

Tuesday, October 17th  
UC San Diego

Thursday, October 19th  
University of Oregon

## ASVAB TEST

JUNIORS & SENIORS

## ASVAB TEST

**Tuesday, October 31st**  
**8:00 A.M.**

(Check-in starts at 7:30 A.M.)

**VMHS MPR**

Bring your Student I.D.

ONLY 11th and 12th graders are eligible to take the ASVAB.

**Scan the QR code to register**



Stop by the College and Career Center, if you have any questions

For additional information, contact Samantha Gutierrez in the College & Career Center at [sgutierrez@murrieta.k12.ca.us](mailto:sgutierrez@murrieta.k12.ca.us)

**CHARACTER. LEADERSHIP. ATTITUDE. SCHOLARSHIP. SERVICE.**